

3-10 YRS



ANYWHERE



PRE-SHABBAT



SAND CANDLES

Make your own individualized Shabbat candle holders with colored sand. Once the jars are filled, just push the Shabbat candles into the sand and get ready to spread the light!

"We started this activity by discussing why we light candles on Shabbat - focusing on the symbolism of light. We sat in a circle and each child gave his/her own idea about the importance of bringing light into our homes, our family and our world."



MATERIALS NEEDED

- Two glass jars per child. You can either buy them new, or upcycle!
- Colored sand (available online or at your local craft store. Alternatively, you can use salt and color it with chalk).
- Paper, plastic or fabric to protect the workspace.
- Two Shabbat candles per child.
- Aluminum foil or plastic wrap to cover the finished product during transport.



STEP BY STEP

- Pour, spoon or scoop different colored sand into the glass jars to create beautiful layered designs.
- Push a Shabbat candle into the center of each jar when complete.
- Cover with aluminum foil or plastic wrap for clean and easy transport.



ADD-ONS

- Children can make designs in the sand using toothpicks or chopsticks.
- Use glass paint, glue and glitter, or puffy paint to decorate the glass jars.



PRO-TIP

Display each child's creation on a table in the school, or in a special place in your home. The beauty of the candle holders can last all week long!

